



Cascadia After School Clubs

Spring 2020, April 6- June 12

	Mon 2:30-4:00	Tues 2:30-4:00	Wed 1:15-2:45	Thurs 2:30-4:00	Fri 2:30-4:00
Gym	Ultimate Frisbee/ Kickball combo 2nd-5th One on One Sports	Karate 1st-5th FKU	Basketball 1st-3rd One on One Sports	Zumba 1st-5th Zumba Kids Karate 1st-5th FKU	Tennis 1st-5th By TGA
Theater	Greek Myths: Perseus 1st-5th Stone Soup Theatre	D&D club 1st-5th Calico Quest	Watercolor 1st-5th iKhana Arts		Hip-Pop 2nd-5th Metropolis Dance
Cafeteria A	Cooking: Breakfast Around the World 3rd-5th Seattle Cucina	Chess 1st -5th Chess 4 Life	Sewing 1st-5th Little Hands Creations	Sewing 1st-5th Little Hands Creations	Intermediate Lego Robotics 3rd-5th Clive Woodhouse
Cafeteria B	Pinnacle Outdoor+ 2nd-5th Pinnacle Explorations Outdoor School	Art Wizards 1st-5th Ilene Adler	Bricks challenge (1st-3rd) Lego Robotics (3rd -5th) Seattle Young Engineers	The Piano Keyboard Club 1st-5th Musical Minds	Cooking: Breakfast Around the World 1st-2nd Seattle Cucina
Library	Cascadia Chess Club 1st-5th Georgi Orlov	Cascadia Debate Club 4th-5th DebateAble Kids		Comic Book 1st-5th Pacifica Writers Workshop	Create Your Own Animutants 1st-5th Elaine Woodhouse
Computer Lab	Minecraft! 1st-5th Clive Woodhouse	Jr. Coding 1st-2nd Creative Coding 4 Kids		Creative Coding: Level Up! 3rd-5th Creative Coding 4 Kids	
Shared learning space		Spanish Novice 1st-5th Language Link	Intermediate Spanish 1st-5th Language Link	French 1st-5th Language Link	Magic The Gathering 2nd-5th Enrichment Experience Project
Outside+				Parkour the Art of Movement 1st - 4th Kong Academy	

***Classes are subject to change before the start of the term. All classes are 1.5 hours**

All after school clubs will meet in the cafeteria after school. Families will pick up in the class designated space.

+Please note that any clubs that are listed as "Outside" may leave the school premises, including going to the park and in the neighborhood. If you have concerns about your child leaving the property, please consider registering for another club.

IMPORTANT DATES:

Registration Opens:	7:00 AM on Saturday, February 29, 2020
Registration Closes:	11:59 PM on Sunday, March 15, 2020
Registration Link*:	https://campscui.active.com/orgs/KidsCo?season=2803713
<small>*Please note that if you open link prior to the registration open date and time, the webpage will be blank</small>	
Spring 2020 Session:	Monday, April 6 - Friday, June 12
No Classes:	April 13,14,15,16, &17 and May 25



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CLASS INFORMATION:

Class	Price	Grades	Description
Acting--Greek Myths: Perseus by Stone Soup Theater	\$215	1-5	Join Stone Soup Theatre for acting games, drama games, and a staged performance of Greek Myths: Perseus, the action-packed story of the young son of Zeus and his mortal mother Danae. He fights for his family, saves Andromeda from being eaten by a sea monster, and has time left over to kill the snake-headed Medusa. This action will keep actors on their mythological
Art Wizards	\$247.50	1-5	In Art Wizards, kids learn to draw the things that kids find exciting. That's where we start. We give them all the information they need to be successful, but not so much that we stifle their imagination or limit their opportunities. They learn that a problem can have more than one solution, that small changes can have a big effect, and that there is more than one way to look at the world around them. With consistent and ongoing practice throughout the school year, our students are amazed at the progress they make. Projects include fish, birds and animals of all kinds, people, landscapes, still life, mythical creatures, movie characters and cartoons. We show them how to break down a scene or character so it comes out looking like what they intended. We show them how easy it can be when they know how to use chalk and oil pastels, when it's better to use colored pencils and where markers and watercolor fit in. It's easy! It's exciting! It's rewarding! And it has a super-positive effect on all other subjects. .
Basketball	\$205	1-3	Join One on One Basketball this semester for After School Hoops®, an ideal after school activity for aspiring athletes. Basketball is a unique sport that combines upper and lower body motor-skill learning with an intense cardiovascular workout. Our organization has decades of experience teaching this sport in a motivating, inclusive and age-appropriate manor. After School Hoops® makes three guarantees: your child will learn, sweat and have fun!
Bricks Challenge (Lego Engineering)	\$295	1-3	The objective of this course is to impart theoretical and applied knowledge in the fields of Science, Technology, Mechanical Engineering, and Mathematics (STEM) by using LEGO® and other exciting tools. The main goal is to illustrate content through stories and demonstrations. Students will learn mathematics and physical principles through intuitive study; develop their independent learning; and improve their building skills. Once the concepts have been demonstrated, students enjoy hands on building the LEGO® models which provides experiential learning and reinforces the lessons. **this is a year-long class and there are all new builds this spring session** Theme this session: Amusement Park What we will learn this session!!! Powers and principles in physics: The lever principle, fulcrum, effort arm, load arm, torque, transmissions, types of transmission, aviation history, kinetic energy, potential energy, centrifugal force and centripetal force. Models built in class: Pirate Ship, Cable Car, Ferris Wheel, Carousel, Catapult and many more!! Famous scientific and philosophical figures: Archimedes, Sir Isaac Newton, Einstein.
Cascadia Chess Club	\$181	1-5	Join Cascadia chess team, one of the State's top competitors! Improve your problem-solving skills, train your memory, think and plan ahead. Learn chess strategies, solve chess puzzles, play competitive and just-for-fun games! Workbooks and other teaching materials are provided, just come ready to learn!



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Class	Price	Grades	Description
Cascadia Debate Club	\$340	4-5	Join us for the Spring Tournament Session! DebateAble Clubs make learning to debate fun while kids grow as critical thinkers, confident public speakers, and collaborative teammates. Spring Debate Club includes participation in DebateAble's Annual Citywide Tournament on June 13th, an exciting opportunity where young debaters have the unique chance to practice their skills in a real tournament environment. Students prepare for the competition during regular club meetings, engaging in games and other activities that build critical thinking and public speaking skills and working with teammates to formulate, practice and respond to arguments around this year's (still top secret!) tournament topic. Club tuition includes \$25 Tournament Fee. For more information about our program, visit www.debateablekids.com .
Chess 4 Life	\$204	1-5	Learning chess in a fun and social environment, with a focus on teaching life skills through the game of chess. All students, of any skill level, are welcome. For more information about this program, please visit http://www.chess4life.com
Comic Book	\$248	1-5	Do you have a young artist or perhaps a superhero in the household? In our comic book class, students will learn the basics of comic writing. They will then create their very own comic books.
Cooking: Breakfast Around the World	\$250	3-5	Join us for 8 exciting weeks of breakfasts eaten around the world- because everybody has got to eat! Each week we will whip up a recipe from across the globe, including everything from ramen to dosas to scones! Breakfast is a unique way for students to explore nutrition and the importance of food in fueling our bodies and minds. It's always breakfast somewhere! Students will make themselves a large snack or meal each week. Accommodations for dietary restrictions made if requested 2 weeks prior- please email classes@seattlecucina.com !
Cooking: Breakfast Around the World	\$280	1-2	Join us for 9 exciting weeks of breakfasts eaten around the world- because everybody has got to eat! Each week we will whip up a recipe from across the globe, including everything from ramen to dosas to scones! Breakfast is a unique way for students to explore nutrition and the importance of food in fueling our bodies and minds. It's always breakfast somewhere! Students will make themselves a large snack or meal each week. Accommodations for dietary restrictions made if requested 2 weeks prior- please email classes@seattlecucina.com !
Create Your Own Animutants (An Introduction to Found Object Art)	\$288	1-5	Every week students will design and create an "Animutant". Starting with an ordinary plastic animal, a vast assortment of found objects, and an abundance of imagination, students will repurpose materials to create these one of a kind animals. Students will also make habitats for their creations. In the process of bringing to life the fantasy lands of "Animutania" they will experiment with materials, and problem-solve its design and construction. Elaine Woodhouse is a Found Object Artist, Visual Arts teacher and Artist in Residence with over 30 years teaching experience. Elaine received her degrees in Early Childhood Education and Social Work in the United Kingdom. Most recently she earned her certification as a Sign-Language Interpreter.



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Class	Price	Grades	Description
Creative Coding: Level Up!	\$333	3-5	<p>Coding gives your kids power over their world. In our class your child can create their own playable computer games & animations, based on their own ideas! And now, they'll run on any internet-capable device, even tablets, so they can show them off to their friends! Woah.</p> <p>This class is open to all 3rd through 5th graders, including brand-new students.</p> <p>For 2020, we've renamed our core class to highlight something returning students already know: Creative Coding classes are designed to be repeated as many times as desired, and each time your child completes a CC class or summer camp, they "Level Up!" just like in video games.</p> <p>Yet, each class day is unique. An ever-changing mix of challenges & hacks will inspire & supplement your child's own projects, which they'll get to show in a presentation for parents at the end of the class! Beginners will spend the first few lessons learning the basics of coding and how to use Scratch before diving into their own projects.</p> <p>All the while, they'll continue to increase their skills and capacity for persistence, through the individual assistance of our awesome instructors. Your child will have so much fun, they'll hardly realize how much they're learning.</p>
Dungeons & Dragons	\$285	2-5	<p>Let your child's imagination run free with tabletop roleplay! In this class, your child will have fun applying their critical thinking, creativity, problem-solving and math skills to collaboratively shape their adventures, while learning valuable lessons about success and compromise. Your child should bring a pencil and notebook to keep track of all the treasure they'll find! Taught by Robert Duggins of Calico Quest.</p>
French- The Language Link LLC	\$210	1-5	<p>World Language and Cultural Enrichment Programs- French. Art, music, drama and games guide the curriculum for our French classes. Our classes are conducted entirely in the target language so that students are fully engaged in the language and culture they are studying. Join us for some fun!</p>
Hip-Pop	\$270	2-5	<p>This upbeat dance class gets the students movin' and groovin' after school!. Each class incorporates stretching, energetic warm-ups, and of course- dance games! Students learn a choreographed dance routine throughout the course and an opportunity to perform at our Metropolis Dance Show! (Media release required to participate in our show)</p>



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Class	Price	Grades	Description
Intermediate Lego Robotics	\$308	3-5	<p>This is an intermediate course in robotics and requires completion of at least one of our Introduction to Lego Robotics classes. We will be utilizing Lego Mindstorms NXT kits, Lego Mindstorms software and various Lego Robotics materials. Students will be involved in the development, building and programming of LEGO Mindstorms robots. Students will work hands-on in teams to design, build, and program robotic projects.</p> <p>Students will learn –</p> <ul style="list-style-type: none"> • How to collaborate in groups and teams • How to design robots for specific activities and scenarios • How to use robotics programming software • To design, develop and complete robotic activities and challenges <p>Activities are designed to progress from the introductory class to build more complex robots, building techniques, as well as problem solving strategies. We will explore topics such as motor control, gear ratios, torque, friction, sensors, timing, program loops, logic gates, decision-making, timing sequences, propulsion systems and binary number systems.</p> <p>The concept of robotics competitions for students will also be introduced. A First Lego League competition field will be provided so that students can see how the robot-building section of these challenges work. If your child may be interested in joining a team, but is not quite sure if s/he would like to, this is a great opportunity to try it out.</p> <p>Your student must have completed the introductory class or have had prior robotic experience. This program is best suited to students with an active interest in using Mindstorms programming. Please contact the instructor for more details.</p> <p>Suitable for students in Grades 3-5</p>
Jr. Coding	\$333	1-2	<p>Give your child a gift that will last- get them introduced to coding with our highly-regarded and FUN Junior Coding class! This class for 1st and 2nd graders features a mixture of creative play and guided learning activities using touchscreen tablets (provided). We use Scratch Junior to teach "real coding" at an age-appropriate level using a pictorial drag-and-drop interface. Your child will smile, laugh, struggle, and ultimately triumph as they progress through our curriculum of increasingly complex challenges. Through fun and creative exercises, they'll develop computational thinking skills and build persistence. At the end of the class, every student will get to present the project they are proudest of to their friends, family, and classmates.</p>
Karate	Varies	1-5	<p>In practicing Karate, your child will learn fundamental martial arts techniques in a safe and challenging environment. They will develop motor skills, focus, and self-discipline, coordination, balance, and strength. This is a progressive skill-building program, and good attendance is essential for success.</p> <p>Pricing varies depending on experience. \$340 for new students and \$450 for returning students. For any questions please contact Joanne Factor at: jifactor@feministkarateunion.org</p>



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Lego Robotics	\$345	3-5	<p>The course objective is to introduce the students to theoretical and practical aspects of the fields of mechanical and software engineering. The course develops algorithmic thinking and program implementation, using the LEGO® WeDo graphic programming. During each lesson, students will build a robot using LEGO® parts and program it according to the required functionality. **this is a year-long class and there are all new builds this spring session**</p> <p>What we will learn this session!!!</p> <p>Utilizing Young Engineers Spiral Method, the introduction to the world of robotics will be based on implementing all the mechanical engineering knowledge acquired in previous programs.</p> <p>Software and Mechanical Engineering principles: Algorithm planning, formulation of pseudocode, flow charts, We-Do Programming, different output and input implementations, loops, multi-threads, keyboard operations, sensor implementations, calculation commands.</p>
Magic the Gathering with EXP	\$265	2-5	<p>Cast fantastic spells, play powerful creatures and have fun with *Magic the Gathering. We build development skills: reading and comprehension, critical thinking, sentiment and valuation, planning, strategy, sportsmanship and math. We provide all the materials needed to develop their skills. Students do not need prior knowledge or investment to join and have fun. Experienced or returning players are encouraged to join and refine their skills. Students will discover new cards over the sessions to change their decks as their skills develop and they invest in their own unique strategies. Students will have fun learning to play, and will refine their skills, in casual and competitive formats and leave with the life skills to continue to learn and grow independently. *Magic the Gathering is a strategy card game where you challenge your friends using decks that you construct in your own way. Cast powerful spells, play fantastic creatures and have fun. The game is dynamic as new cards and abilities are released through the year. There are many different ways to play, different decks to build and ways to win.</p>
Minecraft	\$261	1-5	<p>The popular sandbox video game is back at Cascadia! This is not the regular game, but a special version available only to educators, designed to optimize learning. Minecraft: Education Edition is a game-based learning platform with standards-aligned content across K12 subjects and special features designed for classroom use. Your student can play in a multiplayer world shared with other students in the same class. We will be using either the Java version of MinecraftEdu or the Win 10 app Minecraft: Education Edition depending on the lesson plan or IT school resources. Experience, for example: a world of timelines with areas representing the Greek gods, ancient China or Rome; being immersed in a representation of the human respiratory and circulatory systems; creating atoms to mix into chemical compounds that can then be used to create objects The game encourages a host of positive and prosocial behaviors. We've watched kids gather with their friends time and time again and, in the course of playing together, dedicating time to planning what they will build, measuring out spatial relations and quantities of resources, dividing labor, and otherwise actively working together to build whatever the project of the day is. When the kids aren't actively playing Minecraft they're talking about it, sharing Minecraft articles with each other, and voraciously reading those articles to learn more about Minecraft.</p>



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Class	Price	Grades	Description
Parkour the Art of Movement	\$315	1-4	Parkour and the Art of Movement is the ability to move fluidly through your environment from one place to another. In this class, children will safely learn to progress through the basic parkour movements of jumping, vaulting, climbing, swinging, balancing, and rolling. The movements build strength, balance, and coordination. Your child will acquire the ability to engage with their environment while overcoming obstacles, both physically and mentally. Our program is based on the 5 pillars of Social Emotional Learning (SEL), which are self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. Practicing parkour skills fosters creativity and boosts confidence. Accomplishing challenges that seemed impossible at one point will give your child the confidence to achieve whatever they set their mind to. ** This club will take place outside - during rainy days students will utilize the covered playground area, please ensure that your students are dressed appropriately for all weather.** Kong Academy requires families to submit a waiver: https://kongacademy.org/waiver/ and review their handbook: https://kongacademy.org/handbook/
Pinnacle Outdoors	\$181	2-5	Come join us as we explore "Light & Life" this Spring! Explorers will play, experiment, and build hands-on projects to learn more about nature. Have fun exploring how energy from the sun makes everything go. Activities may include: Gardening, Solar vehicles, Photosynthesis Egg Hunts, Kaleidoscopes, and more.
Sewing	\$235	1-5	Students are invited to learn a skill they will use for a lifetime and a hobby they will forever enjoy...sewing! No experience necessary for boys and girls to learn the basics and beyond. New students will learn machine safety and beginner sewing techniques, while the more experienced students can expand on skills they already have. The class will begin with a simple project, then students will advance at their own pace to more exciting and challenging projects throughout the session. This class is designed to teach children with both beginning and advanced skills. Projects, which are constantly rotating during the quarter, include backpacks, phone cases, clothing, accessories, bags, games, stuffed animal and more! *For all new sewers, the first class of the session is mandatory, please contact Chelsea Cook if your child is unable to attend*
Spanish Advanced (Wednesday)-The Language Link LLC	\$210	1-5	Art, music, drama and games guide the curriculum for our Mandarin classes. Our classes are conducted entirely in the target language so that students are fully engaged in the language and culture they are studying. Join us for some fun!
Spanish Intro. (Tuesday)- The Language Link LLC	\$210	1-5	Art, music, drama and games guide the curriculum for our Mandarin classes. Our classes are conducted entirely in the target language so that students are fully engaged in the language and culture they are studying. Join us for some fun!
Tennis	\$275	1-5	TGA is serving up aces in our tennis class! We get students moving while teaching them the fundamentals of the game, important life skills, and academic lessons intrinsic to the sport. Station-based games and drills increase in difficulty as players progress through our 5-level enrichment program. Come play with TGA!



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Class	Price	Grades	Description
The Piano keyboard club	\$255	1-5	Kids will have the opportunity to learn to play their favorite songs and music on electric keyboards. Radio hits, movie and television themes are made so easy, that our participants will be playing them after the very first class! The club is a combination of keyboard piano lessons and a music learning workshop, which uses a clever visual method to teach the basics of music reading and piano playing. We've developed lots of learning games and activities designed to teach kids basic music reading skills and playing techniques, in ways that are fun, engaging, and stimulating. We want our students to stay motivated and continue to want to learn to play music, whether they like Bruno Mars or Beethoven. We have all the music they want. We have music from Stars Wars, Jurassic World, Frozen 2, Coco and lots more. Each participant has his/her own keyboard supplied during the class, along with headphones, and books and other materials are included. This session is for both brand new students AND more advanced students.
Ultimate Frisbee/ Kickball Combo	\$190	2-5	Join One on One for After School Kickball & Ultimate Frisbee this session! This fun and engaging after school class will focus on the rules and strategy of kickball, while we work on the motor-skills of passing, catching, kicking and base-running! We will learn age-appropriate fundamentals, rules and strategies of this fast-action game that is growing by the day! Each week, we will have fun scrimmaging while focusing on teamwork, sportsmanship, and FUN!
Watercolors	\$265	1-5	Students explore watercolor painting and self-expression through a combination of guided activities and open-ended experimentation that prompt students to explore a variety of techniques such as wet on wet, dry brush, mixing, blending, and elements of design such as color, value, shape, space, line, and texture. Students will create projects that include animals, nature, and abstract art, as well as have plenty of time to investigate and test creative ideas as they learn to use water colors to create vibrant and original pieces of art while reducing stress and relaxing as they draw, paint, experiment and have fun!
Zumba	\$245	1-5	Let's Dance! Zumba kids is a place where kids can be active and JAM out to music from around the world and the latest hits. We use kid friendly routines, break down dance steps and add games/activities and cultural exploration elements. Zumba kids help develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness FUN. Come and Join the Dance Party!