

**Fall 2019**

Cascadia After School Clubs  
October 14th-December 19th



<b>Acting- Star Wars</b>	<b>Grades 1-5</b>	<b>\$213</b>
<p>Join Stone Soup Theatre for acting games, drama exercises, and a performance of Star Wars: A New Hope and The Force Awakens. Get to know Luke Skywalker, Darth Vader, Princess Leia, Rey, Finn, and Kylo Ren. You will fly into hyperspace on the Millennium Falcon and bring peace to the galaxy. Concludes with a performance for families and friends.</p>		

<b>Advanced Chess</b>	<b>Grades 1-5</b>	<b>\$181</b>
<p>Join Cascadia chess team, one of the State's top competitors! Improve your problem-solving skills, train your memory, think and plan ahead. Learn chess strategies, solve chess puzzles, play competitive and just-for-fun games! Workbooks and other teaching materials are provided, just come ready to learn!</p>		

<b>Art Wizards</b>	<b>Grades 1-5</b>	<b>\$247.50</b>
<p>In Art Wizards, kids learn to draw the things that kids find exciting. IT'S INDIVIDUALIZED LEARNING IN A GROUP SETTING. The most important part of learning to draw is learning to see. Many adults never developed that skill. Most teens, too. And all elementary students regardless of age need these skills. That's where we start. We give them all the information they need to be successful, but not so much that we stifle their imagination or limit their opportunities. With consistent and ongoing practice throughout the school year, our students are amazed at the progress they make. Projects include fish, birds and animals of all kinds, people, landscapes, still life, mythical creatures, movie characters and cartoons. We show them how to break down a scene or character so it comes out looking like what they intended. We show them how easy it can be when they know how to use chalk and oil pastels. They learn when it's better to use colored pencils and where markers and watercolor fit in. It's easy! It's exciting! It's rewarding! And it has a super-positive effect on all other subjects.</p>		

<b>Basketball - Hoops</b>	<b>Grades 1-4</b>	<b>\$205</b>
<p>Join One on One Basketball this semester for After School Hoops®, an ideal after school activity for aspiring athletes. Basketball is a unique sport that combines upper and lower body motor-skill learning with an intense cardiovascular workout. Our organization has decades of experience teaching this sport in a motivating, inclusive and age-appropriate manor. After School Hoops® makes three guarantees: your child will learn, sweat and have fun!</p>		



<b>Core Coding</b>	<b>Grades 3rd-5th</b>	<b>\$372</b>
<p>Core (now called "Games, Art, and Apps!"): <i>Your child can code their own games, art, and (wait for it... mobile apps!) What? Yes, it's true.</i> Our class for grades 3-5 is open to all experience levels. Students will bring their own ideas for the games and animations they wish to create, and our teachers will guide them towards their goals. A variety of challenges will supplement each coder's own projects, which they'll get to show in a presentation at the end of the class! Beginners will spend the first few lessons learning the basics of coding and how to use Scratch before diving into their own projects. Our classic Creative Coding experience is designed to be repeated as many times as desired, as each student continues to hone their skills through the individual assistance of our awesome instructors!</p>		

<b>Create Your Own Animutants (An Introduction to Found Object Art)</b>	<b>Grades 1-5</b>	<b>\$261</b>
<p>Every week students will design and create an "Animutant". Starting with an ordinary plastic animal, a vast assortment of found objects, and an abundance of imagination, students will repurpose materials to create these one of a kind animals.</p> <p>Students will also make habitats for their creations. In the process of bringing to life the fantasy lands of "Animutania" they will experiment with materials, and problem-solve its design and construction.</p> <p>Please note students will be using hot glue guns specifically designed to be kid friendly and safe.</p> <p>Elaine Woodhouse is a Found Object Artist, Visual Arts teacher and Artist in Residence with over 30 years teaching experience. Elaine received her degrees in Early Childhood Education and Social Work in the United Kingdom. Most recently she earned her certification as a Sign-Language Interpreter.</p>		

<b>Dungeons &amp; Dragons</b>	<b>Grades 2-5</b>	<b>\$285</b>
<p>Let your child's imagination run free with tabletop roleplay! In this class, your child will have fun applying their critical thinking, creativity, problem-solving and math skills to collaboratively shape their adventures, while learning valuable lessons about success and compromise. Your child should bring a pencil and notebook to keep track of all the treasure they'll find! Taught by Robert Duggins of Calico Quest.</p>		

<b>DebateAble</b>	<b>Grades 4-5</b>	<b>\$315</b>
<p>DebateAble Clubs make learning to debate fun while kids grow as critical thinkers, confident public speakers, and collaborative teammates. DebateAble's program was developed exclusively for kids in upper elementary grades, using games, activities and relevant topics to teach debaters to make and respond to arguments in an upbeat, positive environment-- with an emphasis on learning to consider both sides of any topic or issue. DebateAble empowers kids to find their own voices and listen to the voices of others! For more information, go to <a href="http://www.debateablekids.com">www.debateablekids.com</a>. (NOTE: Students must participate in fall and/or</p>		

winter session of debate club in order to register for Spring Tournament Session.)

<b>Flag Football</b>	<b>Grades 2-5</b>	<b>\$190</b>
Join One on One for an awesome session of flag-football. We will spend time each week learning the core fundamentals of passing, catching, rushing and blocking, while introducing team concepts on both sides of the ball. We will also play a game every week during the second part of class. This is a great non-contact activity for kids who love football. See you on the gridiron!		

<b>French- The Language Link</b>	<b>Grades 1-5</b>	<b>\$204</b>
Art, music, drama and games guide the curriculum for our French classes. Our classes are conducted entirely in the target language so that students are fully engaged in the language and culture they are studying. Join us for some fun!		

<b>Hip Hop</b>	<b>Grades 2-5</b>	<b>\$245</b>
This upbeat dance class gets the students movin' and groovin' after school!. Each class incorporates stretching, energetic warm-ups, and of course- dance games! Students learn a choreographed dance routine throughout the course and an opportunity to perform at our Metropolis Dance Show! (Media release required to participate in our show)		

<b>Introduction to Lego Robotics</b>	<b>Grades 3-5</b>	<b>\$279</b>
This is a beginning course in robotics. We will be utilizing Lego Mindstorms NXT kits, Lego Mindstorms software and various Lego Robotics materials. Activities are designed to be at a very basic level to introduce the student to programming, building techniques, as well as problem solving strategies. Students will be involved in the development, building and programming of a LEGO Mindstorms robot. Students will work hands-on in teams to design, build, and program robotic projects. These projects will start with very simple designs which will grow in complexity through the trimester.		
Students will learn –		
How to collaborate in groups and teams		
How to design robots for specific activities and scenarios		
How to use robotics programming software		
To design, develop and complete robotic activities and challenges		
The aim of this class is to prepare students for more advanced robotic classes that will explore topics such as motor control, gear ratios, torque, friction, sensors, timing, program loops, logic gates, decision-making, timing sequences, propulsion systems and binary number systems. Participation in this class will allow the teacher to determine skill level and recommend an appropriate level for future classes.		

<b>Jr. Coding</b>	<b>Grades 1st-2nd</b>	<b>\$372</b>
<p>Get them started early! This class for 1st and 2nd graders features a mixture of creative play and guided activities with tablets to get your children exposed to basic coding concepts. Students will learn about programming, then practice it for themselves in a variety of fun and creative exercises intended to develop computational thinking. At the end of the class, every student will get to present something they worked on for their friends, family, and classmates. Coders are welcome to repeat this course, receiving greater challenges each time until they are ready for our Core classes</p>		

<b>Karate</b>	<b>Grades 1-5</b>	<b>\$Varies</b>
<p>In practicing Karate, your child will learn fundamental martial arts techniques in a safe and challenging environment. They will develop motor skills, focus, and self-discipline, coordination, balance, and strength. This is a progressive skill-building program, and good attendance is essential for success.</p> <p>Pricing varies depending on experience. \$340 for new students and \$450 for returning students. For any questions please contact Joanne Factor at: <a href="mailto:jifactor@feministkarateunion.org">jifactor@feministkarateunion.org</a></p>		

<b>Magic the Gathering with EXP</b>	<b>Grades 2-5</b>	<b>\$265</b>
<p>Cast fantastic spells, play powerful creatures and have fun with *Magic the Gathering. We build development skills: reading and comprehension, critical thinking, sentiment and valuation, planning, strategy, sportsmanship and math. We provide all the materials needed to develop their skills. Students do not need prior knowledge or investment to join and have fun. Experienced or returning players are encouraged to join and refine their skills. Students will discover new cards over the sessions to change their decks as their skills develop and they invest in their own unique strategies. Students will have fun learning to play, and will refine their skills, in casual and competitive formats and leave with the life skills to continue to learn and grow independently.</p> <p>*Magic the Gathering is a strategy card game where you challenge your friends using decks that you construct in your own way. Cast powerful spells, play fantastic creatures and have fun. The game is dynamic as new cards and abilities are released through the year. There are many different ways to play, different decks to build and ways to win.</p>		

<b>Make a Movie</b>	<b>Grades 1-5</b>	<b>\$248</b>
<p>Does your child love movies? In this class, students will learn how writers tell stories on the big screen. They will then write screenplays, film their movies, and celebrate it all with a class film festival.</p>		

<b>Mandarin- The Language Link</b>	<b>Grades 1-5</b>	<b>\$186</b>
<p>Art, music, drama and games guide the curriculum for our Mandarin classes. Our classes are conducted entirely in the target language so that students are fully engaged in the language and culture they are studying. Join us for some fun!</p>		

<b>Minecraft</b>	<b>Grades 1-5</b>	<b>\$261</b>
<p>The popular sandbox video game is back at Cascadia! This is not the regular game, but a special version available only to educators, designed to optimize learning. Minecraft: Education Edition is a game-based learning platform with standards-aligned content across K12 subjects and special features designed for classroom use. Your student can play in a multiplayer world shared with other students in the same class.</p> <p>We will be using either the Java version of MinecraftEdu or the Win 10 app Minecraft: Education Edition depending on the lesson plan or IT school resources.</p> <p><i>Experience, for example:</i></p> <p><i>a world of timelines with areas representing the Greek gods, ancient China or Rome; being immersed in a representation of the human respiratory and circulatory systems; creating atoms to mix into chemical compounds that can then be used to create objects</i></p> <p>The game encourages a host of positive and prosocial behaviors. We've watched kids gather with their friends time and time again and, in the course of playing together, dedicating time to planning what they will build, measuring out spatial relations and quantities of resources, dividing labor, and otherwise actively working together to build whatever the project of the day is. When the kids aren't actively playing Minecraft they're talking about it, sharing Minecraft articles with each other, and voraciously reading those articles to learn more about Minecraft.</p>		

<b>Pinnacle Explorations</b>	<b>Grades 1-5</b>	<b>\$205</b>
<p>Come explore the outdoors! At Pinnacle, we'll engage with the natural world thru experiments, games, hands-on projects, and walking field trips. This session, kids will explore how people, plants, and animals get ready for the Fall &amp; Winter. Activities may include: Nature boxes, fire making, weaving, shelter building</p>		

<b>RoboBricks</b>	<b>Grades 4-5</b>	<b>\$370</b>
<p>The course objective is to introduce the students to theoretical and practical aspects of the fields of mechanical and software engineering. The course develops algorithmic thinking and program implementation, using the LEGO® WeDo graphic programming. During each lesson, students will build a robot using LEGO® parts and program it according to the required functionality.</p>		

<b>Sewing</b>	<b>Grades 1-5</b>	<b>\$225</b>
<p>Students are invited to learn a skill they will use for a lifetime and a hobby they will forever enjoy...sewing! No experience necessary for boys and girls to learn the basics and beyond. New students will learn machine safety and beginner sewing techniques, while the more experienced students can expand on skills they already have. The class will begin with a simple project, then students will advance at their own pace to more exciting and challenging projects throughout the session. This</p>		

class is designed to teach children with both beginning and advanced skills. Projects, which are constantly rotating during the quarter, include backpacks, phone cases, clothing, accessories, bags, games, stuffed animal and more!

**\*For all new sewers, the first class of the session is mandatory, please contact Chelsea Cook if your child is unable to attend\***

**Spanish Intro. (Tuesday)- The Language Link** **Grades 1-5** **\$204**

Art, music, drama and games guide the curriculum for our Mandarin classes. Our classes are conducted entirely in the target language so that students are fully engaged in the language and culture they are studying. Join us for some fun!

**Spanish Advanced (Wednesday)- The Language Link** **Grades 1-5** **\$204**

Art, music, drama and games guide the curriculum for our Mandarin classes. Our classes are conducted entirely in the target language so that students are fully engaged in the language and culture they are studying. Join us for some fun!

**Tennis** **Grades 1-5** **\$275**

TGA is serving up aces in our tennis class! We get students moving while teaching them the fundamentals of the game, important life skills, and academic lessons intrinsic to the sport. Station-based games and drills increase in difficulty as players progress through our 5-level enrichment program. Come play with TGA!

**The Piano keyboard club** **Grades 1-5** **\$235**

Kids will have the opportunity to learn to play their favorite songs and music on electric keyboards. Radio hits, movie and television themes are made so easy, that our participants will be playing them after the very first class! The club is a combination of keyboard piano lessons and a music learning workshop, which uses a clever visual method to teach the basics of music reading and piano playing. We've developed lots of learning games and activities designed to teach kids basic music reading skills and playing techniques, in ways that are fun, engaging, and stimulating. We want our students to stay motivated and continue to *want* to learn to play music, whether they like **Bruno Mars** or **Beethoven**. We have all the music they want. We have music from **Stars Wars, Jurassic World, Moana, Coco** and lots more. Each participant has his/her own keyboard supplied during the class, along with headphones, and books and other materials are included.

**This session is for both brand new students AND and more advanced students.**

**Watercolors****Grades 1-5****\$265**

Students explore watercolor painting and self-expression through a combination of guided activities and open-ended experimentation that prompt students to explore a variety of techniques such as wet on wet, dry brush, mixing, blending, and elements of design such as color, value, shape, space, line, and texture. Students will create projects that include animals, nature, and abstract art, as well as have plenty of time to investigate and test creative ideas as they learn to use water colors to create vibrant and original pieces of art while reducing stress and relaxing as they draw, paint, experiment and have fun!

**Zumba****Grades 1-5****\$225**

Let's Dance! Zumba kids is a place where kids can be active and JAM out to music from around the world and the latest hits. We use kid friendly routines, break down dance steps and add games/activities and cultural exploration elements. Zumba kids help develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness FUN. Come and Join the Dance Party!